

療程建議表 Therapy Protocol

疾病 / 症狀	Disease / Condition	施作時間(分鐘)				施作間隔	建議光照劑量
		Therapy Time (Minutes)					
		HU-157A80 (22cm <sup>2</sup> )	LM-117A80 (3cm <sup>2</sup> )	Klas-M50 (3cm <sup>2</sup> )	Klas-L20 (2cm <sup>2</sup> )	次/週 Time/Week	(J/cm <sup>2</sup> )
<b>痛症</b>	<b>Pain Relief</b>						
跟腱滑囊炎	Achill Bursitis	8	6	10	14	3~7	8
急性關節軟組織損傷; 踝	Acute & Chronic Joint Pain; Ankle		30			3~7	15
急性關節軟組織損傷; 指	Acute & Chronic Joint Pain; Finger	6	5	7	11	3~7	6
急性關節軟組織損傷; 趾	Acute & Chronic Joint Pain; Toe	6	5	7	11	3~7	6
急性關節軟組織損傷; 腕	Acute & Chronic Joint Pain; Wrist	10	8	8	17	3~7	10
急性關節軟組織損傷; 肘	Acute & Chronic Joint Pain; Elbow	10	8	8	17	3~7	10
急性關節軟組織損傷; 膝	Acute & Chronic Joint Pain; Knee		43			3~7	20
關節炎	Arthritis		8~43			3~7	10~20
跟骨骨刺	Calcaneal Spur	10	8	8	17	3~7	10
腕部隧道症候群	Carpal Tunnel Syndrome (CTS)	12	9	14	21	3~7	12
冷凍肩	Frozen Shoulder		43			3~7	20
帶狀疱疹	Herpes Zoster		43			1~2/Day	20
單純疱疹	Herpes Simplex (HSV1)	3		4	6	2/Day	3
下背痛	Low Back Pain		43			3~7	20
面神經麻痺疼痛	Pain associated with Facial Palsy	8	6	10	14	3~7	8
蹠面(足底)筋膜炎	Plantar Fasciitis- Heel Pain	12	9	14	21	3~7	12
手術後組織疼痛	Post Operative Tissue Pain	8	6	10	14	1~2/Day	8
扭傷及拉傷	Sprains and Strains	30~60	8~43			3~7	10~20
網球肘; 高爾夫球肘	Tennis Elbow (Epicondylitis)	10	8	8	17	3~7	10

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		Therapy Time (Minutes)					
		HU-156A50 (22cm <sup>2</sup> )	LM-116A50 (3cm <sup>2</sup> )	Klas-M50 (3cm <sup>2</sup> )	Klas-L20 (2cm <sup>2</sup> )	次/週 Time/Week	(J/cm <sup>2</sup> )
<b>皮膚疾病</b>	<b>Skin Diseases</b>						
過敏疹	Allergic rashes	5		4	5	2~3	3
口瘡	Aphthous ulcers & sore gums	5		4	5	2~3	3
局部燒燙傷	Burn & related wounds	8		6	9	1~3/day	5
蜂窩組織炎	Cellulitis	15	10	12	17	3~7	8~10
過敏皮膚抗敏護理	Couperose (mild)	5		4	5	2~3	3
過敏性皮膚炎	Dermatitis, allergic	5		4	5	2~3	3
異位性皮膚炎	Dermatitis, atopic	5		4	5	2~3	3
接觸性皮膚炎	Dermatitis, contact	5		4	5	2~3	3
濕疹	Eczema	5	4	4	5	2~3	3
增殖性疤痕 (蟹足腫)	Hypertrophic cicatrix	15	10	12	17	3	8~10
昆蟲咬傷	Insect bites	5	4	4	5	1~2/day	3
褥瘡	Pressure sore	5		4	5	3~7	3
牛皮癬(乾癬)	Psoriasis	15	10	12	17	2~3	8~10
紅斑痤瘡 (酒渣鼻)	Rosacea	8	6	6	9	3~7	5
皮膚出疹	Skin eruption	5	4	4	5	2~3	3
曬傷	Sunburn	5		4	5	2~3	3
足癬	Tinea pedis	15	10	12	17	2~3	8~10
白斑症	Vitiligo (Leukoderma)	15	10	12	17	2~3	8~10
疣	Warts, verruca	15	10	12	17	3	8~10
傷口、手術創傷	Wound, operation wound	15		12	17	1~3/day	8~10
糖尿病引起的皮膚潰爛	Wound & ulcers	8		6	9	1~3/day	5
<b>美容</b>	<b>Aesthetic</b>						
老人斑	Age spot	18	14	15	21	2~3	12
肥胖紋	Cholasma	18	14	15	21	2~3	12
臉部抗老皮膚護理	Facial anti-aging: General skin conditioning	12	9	10	14	1~2	8
疤痕	Scar: fresh	18	14	15	21	2~3	12
妊娠紋	Stretch mark (Melasma): fresh	18	14	15	21	2~3	12
皺紋	Wrinkle and fine lines	12	9	10	14	2~3	8
<b>粉刺</b>	<b>Acne Vulgaris</b>						
臉部粉刺	Facial acne	12	9	10	14	2~3	8
頸線粉刺	Neckline acne	15	12	13	17	2~3	10
背部粉刺	Back acne	18	14	15	21	2~3	12
<b>呼吸道及耳鼻喉</b>	<b>Respiratory Tract and Ear, Nose, Throat</b>						
慢性、過敏性鼻炎	Rhinitis	12	9	10	14	3~7	8
急性、慢性鼻竇炎	Sinusitis	10	8	7	11	3~7	6
耳鳴	Tinnitus			30	45	3~7	25
<b>其他症狀與預防保健</b>	<b>Other Symptoms and Prophylaxis</b>						
痔瘡	Hemorrhoid	18	14	15	21	1/Day	12
齒齦與牙周疾病	Gingival and periodontal disease	5		4	6	1/Day	3
口腔潰瘍	Oral ulcer	10		7	11	1/Day	6
水腫	Edema	18	14	15	21	1/Day	12
勃起功能障礙	Erectile Dysfunction	36	28	30	45	2	25

建議光照劑量可以表列 ±50% 值施作

Therapeutic windows range from typically ±50% of given values.