






Therapy Guide: Body Contouring

Laser Irradiation System: Megalas-AM-800



Therapy Time (Minutes)	Laser Dose (J/cm ²) in Treatment Area = 314 cm ²			Frequency (Time/Week)
	 0.0032 J/cm ² -sec	 0.0064 J/cm ² -sec	 0.0096 J/cm ² -sec	
	1 irradiator	2 irradiators (to same area)	3 irradiators (to same area)	
40	7.7	15.4	23.0	1 ~ 3
30	5.8	11.5	17.3	
20	3.8	7.7	11.5	
15	2.9	5.8	8.6	

■ J/cm²-sec = Unit Energy Density (Height=30 cm, Area=314 cm²)

The laser dose is calculated with the application of the quantity of irradiators to the treatment area .

The therapy time is decided by patient's condition and areas. **30 minutes is recommended.**

An exercise program follows the laser therapy is recommended.